



January Menu

Every lunch also includes a choice of milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>Enjoy Your Day Off!</p>	<p>8</p> <p>Salisbury Steak Chicken Rings Hot Roll Mashed Potatoes Green Beans</p>	<p>9</p> <p>Deli Sub w/ Fritos Or Sloppy Joe Steamed Broccoli Cherry Tomatoes Fruit Cup</p>	<p>10</p> <p>Chicken Fajita Wrap or Beef Burrito Spanish Rice Refried Beans Fruit Cup</p>	<p>11</p> <p>Cheese or Peperoni Pizza Carrots Mexicali Corn Fruit Cup</p>
<p>14</p> <p>Cheese Burger or Hamburger Hot Dog with Fritos Baked Beans Burger Salad w/ Pickle</p>	<p>15</p> <p>Chicken Fried Steak Meatloaf Mashed Potatoes Green Beans Dinner Roll Fruit Cup</p>	<p>16</p> <p>Popcorn Chicken w/ Hot Roll Chicken Alfredo w/ Hot Roll Spinach Fruit Cup</p>	<p>17</p> <p>Burritos Fish on Bun Refried Beans Seasoned Peas Salsa Fruit Cup</p>	<p>18</p> <p>Cheese/ Pepperoni Pizza Cheese Sticks Carrots Mexicali Corn Fruit Cup</p>
<p>21</p> <p>Enjoy Your Day Off!</p>	<p>22</p> <p>Soft Tacos Lettuce & Tomato Charro Beans Spanish Rice Rainbow Pears</p>	<p>23</p> <p>Soup, Sandwich, and Salad <i>Choice of Soup and Sandwich with Fresh Salad Baked Chips Orange Smiles</i></p>	<p>24</p> <p>Pizza Steamed Broccoli Garden Fresh Salad Berries & Cream</p>	<p>25</p> <p>Chicken Strip Basket with Fries Lettuce with Pickles Fresh Fruit</p>
<p>28</p> <p>Steak Fingers Hot Roll Mashed Potatoes Sautéed Vegetable Fruit Cup</p>	<p>29</p> <p>Quesadillas Lettuce & Tomato Refried Beans Spanish Rice Fruit Cup</p>	<p>30</p> <p>Fun Time Sack Lunch! Choice of Sandwich Baked Chips Carrots Fruit Juice Fruit Cup</p>	<p>31</p> <p>Italian Dippers Seasoned Sweet Corn Italian Salad Colorful Apple Sauce</p>	<p>February 1</p> <p>Hot Dog Basket with Fries Lettuce with Pickles Fresh Fruit</p>

Did you know that snow forms when water vapor in the atmosphere freezes into ice crystals? Snowflakes form in a variety of different shapes.



Stock up on Healthy Fruits and Vegetables during these Cold Winter months!

Fun Fruit Facts
Oranges are easy to find this time of year and are packed full of Vitamin C.
There are 7,500 different kinds of Apples grown in the world.
Try One!



An option of Cereal & Toast, Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 & 3:	Poptart, Assorted Cereal, Graham Cracker	Combo Bar, Assorted Cereal, Graham Cracker	Pancake on a Stick, Assorted Cereal, Graham Cracker	Kolache, Assorted Cereal, Graham Cracker	Cereal Bar, Assorted Cereal, Graham Cracker
Week 2 & 4:	Cinnamon Roll, Assorted Cereal, Graham Cracker	Breakfast Pizza, Assorted Cereal, Graham Cracker	Blueberry Pancake, Assorted Cereal, Graham Cracker	Egg Omelet, Assorted Cereal, Graham Cracker	Breakfast Burrito, Assorted Cereal, Graham Cracker

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